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STAYING SANE WHEN YOU'RE DIETING / MYLOT

i got a nice book from a book sale the other day, it's called "staying sane when you're dieting". it's really fun to read since it talks about people's funny ...

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have you ever told yourself that bingeing after 10 p.m. doesn't really count? you're not alone. good intentions and logic fly out the window when you're hungry.

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9 WAYS TO STAY SANE WHEN YOU'RE UNEMPLOYED - THE WALLET DIET

Thu, 11 May 2017 12:34:00 GMT

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Sat, 13 May 2017 15:38:00 GMT

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Thu, 27 Apr 2017 09:09:00 GMT

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Fri, 19 May 2017 14:55:00 GMT

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Sat, 20 May 2017 04:53:00 GMT

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YOUR DIETING TIPS/TRICKS TO STAY SANE... - BODYBUILDING

Mon, 08 May 2017 17:53:00 GMT

so let's hear what you folks do to stay sane when you're dieting? i have recently discovered club soda/sparkling water. an ice cold glass has the carbonation that ...

ORGANIC CHEMISTRY EXAM ANSWER - LLKLFO

Fri, 19 May 2017 13:37:00 GMT

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